



Medical

CRITICAL INCIDENT STRESS MANAGEMENT

COMPLIANCE WITH THIS PUBLICATION IS MANDATORY

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OPR: HQ CA ANG/SG

Certified by: HQ CA ANG/CS

Pages: 5

Distribution: F

This supplement implements the CNG Joint Combat Stress Control (CSC) Program and provides additional instruction in the application of Critical Incident Stress Management (CISM), deployment of Critical Incident Stress Teams (CISTs), and CISM guidance for Military Support to Civilian Authority (MSCA) to California Air National Guard (CA ANG) units.

AFI 44-153, 1 July 1999, is supplemented as follows:

2. Overall program accountability falls under assigned unit medical squadron commander (SG), however the office of primary responsibility for the administration, training, readiness and deployment of CISTs will be the assigned unit staff chaplain (HC). Headquarters, California Air National Guard will designate CISM coordinators to assist units and to coordinate training and response activities of the CISTs.

2.1.1 The wing commander of each flying wing will ensure the establishment of at least one deployable CIST to address local unit needs, to be available to the local community for assistance, and to deploy within California in support of OPPLAN 02-100, MSCA Multi-Hazard plan.

2.1.5. Headquarters, California Air National Guard and 162 CCG will coordinate with the appropriate host wing for CIST support.

2.2. If no mental health professional is available within the unit, this role may either be contracted out, filled by a unit member with credentialed/licensed mental health background, and/or filled by a joint service mental health professional. The team will also have peer debriefers representing “high risk” groups such as, but not limited to, security police, firefighters, aircrew members, and pararescue (see 2.2.3).

2.2.1 Whenever possible, training for team members will be conducted by instructors certified with the International Critical Incident Stress Foundation (ICISF).

2.2.2 California Air National Guard members may deploy within the State of California, under CA ANG Sup 1, NGR 500/ANGI 10-8101, Military Support to Civil Authorities (MSCA).

2.2.3 Formal training for peer debriefers will be provided whenever possible (see 2.3, CIST Training Requirements). Just in time training will only be used as a last resort.

2.2.4 California Air National Guard CIST members do not require worldwide qualification.

2.3.1. When possible, each team member should have the following training from ICISF approved sources for their respective role or a qualification related to the incident:

All members: Basic Crisis Group Intervention, taken within the last 5 years (initial qualification and recurring training requirement)

Team Chief and those leading a debriefing or defusing: Advanced Crisis Group

Peer Debriefers: Individual Crisis Intervention and Peer Support.

Family Support: Families and CISM

In addition, Advanced Crisis Group Intervention is highly recommended for those filling chaplain, mental health, or medical roles.

Other training as determined by the team chief.

Training accomplishments of perspective team members will be kept on file with the Host Wing HC. The Wing/Unit SG or HC will review instructor qualifications and currency annually.

2.3.3 Each team member should participate in at least one exercise or real world event annually.

2.3.3 As MSCA is one primary responsibility of the California Air National Guard, Wing CISTs are highly encouraged to participate in and train with local CISM teams and in statewide exercises that develop this capability.

2.4.1. If additional CISM resources are required for a CA ANG unit incident, assistance should be requested through HQ CA ANG. If required resources are beyond California National Guard capabilities, the Headquarters, California Air National Guard will request assistance through MAJCOM or NGB HC.

3.5 (added) Wings are highly encouraged to incorporate Pre-exposure preparation (PEP) training in their annual First Aid and Buddy Care training. PEP training should also be a part of predeployment preparation for individuals going into high threat environments. Appendixes 6, 7, and 8 of AFI 44-153 describe this training.

3.5.1 Each wing/unit is encouraged to organize and maintain a Trained Crisis Responder program, which will train selected unit members to ICISF standards in Traumatic Incident Response. These individuals may be used as part of CIST teams and to boost the general awareness of crisis response issues within their respective units.

4.8 (added) Unit CISM program managers are encouraged to make contact and develop local supporting CSC Program with regional/area resources, ie Veterans Centers. A listing of Veteran Centers is provided in Attachment 1 to this Supplement.

DANIEL J. GIBSON
Major General, CA ANG
Commander

Attachment:
California Vet Centers

Attachment 1**CALIFORNIA VET CENTERS**

ANAHEIM VET CENTER (10B/RC0624) 859 South Harbor Boulevard Anaheim, CA 92805-5157	Commercial: (562) 596-3101 FTS: (714) 776-0161 Fax: (714) 776-8904
CHICO VET CENTER (10B/RC0649) 280 Cohasset Road Chico, CA 95928	Commercial: (530) 899-8549 Fax: (530) 899-0581
CONCORD VET CENTER (10B/RC/0602) 1899 Clayton Road, Suite 140 Concord, CA 94520-2541	Commercial: (925) 680-4526 FTS: (925) 486-3201 Fax: (925) 680-0410
CORONA VET CENTER (10B/RC0611) 800 Magnolia Street, Suite 110 Corona, CA 92879	Commercial: (909) 734-0525 Fax: (909) 734-0063
EAST LOS ANGELES VET CENTER (10B/RC0623) 5400 East Olympic Boulevard, Suite 140 Commerce, CA 90022-5147	Commercial: (323) 728-9966 FTS: (323) 894-6109 Fax: (323) 887-1082
EUREKA VET CENTER (10B/RC0644) 2830 G Street Eureka, CA 95501-0831	Commercial: (707) 444-8271 Fax: (707) 444-8391
FRESNO VET CENTER (10B/RC0628) 3636 North 1st Street, Suite 112 Fresno, CA 93726-6818	Commercial: (559) 487-5660 Fax: (559) 487-5399
LOS ANGELES VET CENTER (10B/RC0606) 1045 W. Redondo Beach Boulevard, Suite 150 Gardena, CA 90247-4129	Commercial: (310) 767-1221 Fax: (310) 767-1403
NORTHBAY VET CENTER (10B/RC0646) 6225 State Farm Drive, Suite 101 Rohnert Park, CA 94928-5007	Commercial: (707) 586-3295 Fax: (707) 586-9055
OAKLAND VET CENTER (10B/RC0612) 1504 Franklin Street, Suite 200 Oakland, CA 94612-4123	Commercial: (510) 763-3904 FTS: (510) 273-7341 Fax: (510) 763-5631

PENINSULA VET CENTER (10B/RC0647) 2946 Broadway Street Redwood City, CA 94062-1594	Commercial: (650) 299-0672 Fax: (650) 299-0677
SACRAMENTO VET CENTER (10B/RC0638) 1111 Howe Avenue, Suite 390 Sacramento, CA 95825-8541	Commercial: (916) 566-7430 Fax: (916) 566-7433
SAN BERNARDINO VET CENTER (10B/RC0637) 155 W. Hospitality Lane, Suite 140 San Bernardino, CA 92408	Commercial: (909) 890-0797 Fax: (909) 890-0980
SAN DIEGO VET CENTER (10B/RC0618) 2900 Sixth Avenue San Diego, CA 92103-1003	Commercial: (619) 294-2040 FTS: (619) 557-7226 Fax: (619) 294-2535
SAN FRANCISCO VET CENTER (10B/RC0620) 505 Polk Street San Francisco, CA 94102	Commercial: (415) 441-5051 Fax: (415) 441-5092
SAN JOSE VET CENTER (10B/RC0615) 278 North Second Street San Jose, CA 95112-4017	Commercial: (408) 993-0729 FTS: (408) 291-7750 Fax: (408) 993-0829
SANTA CRUZ COUNTY VET CENTER (10B/RC0639) 1350 – 41st Avenue, Suite 102 Capitola, CA 95010	Commercial: (831) 464-4575 Fax: (831) 464-6597
SEPULVEDA VET CENTER (10B/RC0605) 9737 Haskell Street Sepulveda, CA 91343-1618	Commercial: (818) 892-9227 (800) 637-6524 Fax: (818) 892-0557
VENTURA VET CENTER (10B/RC0643) 790 East Santa Clara Street, Suite 100 Ventura, CA 93001	Commercial: (805) 585-1860 Fax: (805) 585-1864
VISTA VET CENTER (10B/RC0642) 1830 West Drive, Suites 103 & 104 Vista, CA 92083-6125	Commercial: (760) 643-2070 Fax: (760) 945-7263
WEST LOS ANGELES VET CENTER (10B/RC0607) 5730 Uplander Way, Suite 100 Culver City, CA 90230-6615	Commercial: (310) 641-0326 Fax: (310) 641-2653